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(71) Demandeur/Applicant:  
MAX-PLANCK-GESELLSCHAFT ZUR FORDERUNG  
DER WISSENSCHAFTEN E.V., BERLIN, DE  
(72) Inventeurs/Inventors:  
BUCHA, ELKE, DE;  
NOWAK, GOTZ, DE  
(74) Agent: BERESKIN & PARR

(54) Titre : HIRUDINE A MASSE MOLECULAIRE ETENDUE UTILISEE COMME ANTICOAGULANT DANS LA DIALYSE  
RENALE EXTRACORPORELLE  
(54) Title: USE OF MOLECULAR WEIGHT-AMPLIFIED HIRUDIN AS AN ANTICOAGULANT IN EXTRACORPOREAL  
RENAL REPLACEMENT THERAPY

(57) Abrégé/Abstract:

The invention relates to the use of molecular weight-amplified hirudin in order to produce an anticoagulant, which does not induce any type of autoimmune disease and which does not cross-react with autoimmune antibodies, for extracorporeal renal replacement therapy. The inventive use does not induce, in particular, thrombocytopenia type II nor cross-reactivity with antibodies directed against platelet factor 4-heparin complexes.



ABSTRACT

The invention relates to the use of increased-molecular-  
5 weight hirudin for the manufacture of an anticoagulant for  
extracorporeal renal replacement therapy which does not  
induce an autoimmune disease and which does not cross  
react with autoimmune antibodies. In particular, the use  
according to the invention does not induce type II  
10 thrombocytopenia (HIT II), and no cross reactivity occurs  
with antibodies to platelet-factor-4-heparin complexes.

PATENT CLAIMS

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1. Use of increased-molecular-weight hirudin selected from polyethylene-glycol-coupled hirudin, polysugar-coupled hirudin, fatty-acid-coupled hirudin, dextran hirudin, albumin hirudin,  $\gamma$ -globulin hirudin and transferrin hirudin for the manufacture of an anticoagulant for extracorporeal renal replacement therapy which does not induce an automimmune disease.

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2. Use according to Claim 1, characterised in that the autoimmune disease is a heparin-induced thrombocytopenia Type II.

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3. Use according to any one of Claims 1 or 2, characterised in that the increased-molecular-weight hirudin is administered via the vasal or extravasal route.

25

4. Use according to any one of Claims 1 to 3, characterised in that the increased-molecular-weight hirudin is administered in a dosage which leads to a blood plasma level of hirudin in the range from 0.4 to 1.0  $\mu\text{g/ml}$  plasma.

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USE OF INCREASED-MOLECULAR-WEIGHT HIRUDIN AS AN  
ANTICOAGULANT IN EXTRACORPOREAL KIDNEY REPLACEMENT THERAPY

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DESCRIPTION

The invention relates to the use of increased-molecular-weight  
hirudin selected from polyethylene-glycol-coupled hirudin, po-  
lysugar-coupled hirudin, fatty-acid-coupled hirudin, dextran  
10 hirudin, albumin hirudin,  $\gamma$ -globulin hirodin and transferrin  
hirudin for the manufacture of an anticoagulant for extracor-  
poreal renal replacement therapy which does not induce an au-  
toimmune disease. In particular, the invention relates to the  
use of increased-molecular-weight hirudin for the manufacture  
15 of an anticoagulant for extracorporeal renal replacement the-  
rapy which does not induce type II thrombocytopenia (HIT II)  
associated with the previously used heparins.

Extracorporeal renal replacement therapy was introduced more  
20 than 30 years ago and represents a safe method for replacing  
the elimination function of the kidney in cases of chronic  
renal failure and/or in anephric patients, using special modu-  
les which clean foreign matter from the blood using a counter-  
flow process. The relatively large surface areas of the capil-  
25 lary dialysers used in this procedure ( $0.5$  to  $2 \text{ m}^2$ ) and the  
associated transfer of fluid and protein have a high thrombo-  
genic potency making the use of coagulation-inhibiting medici-  
nes an urgent necessity during haemodialysis. Heparin and/or  
heparin analogues are used almost exclusively in routine cli-  
30 nical practice. The use of heparin in patients with renal  
function disorders or in anephric patients has shown

a whole series of side effects (osteoporosis, altered blood-lipid composition and many others), which have had to be tolerated by patients in the absence of any efficient alternatives. In recent years, a further serious side effect of heparin has become apparent: heparin-induced thrombocytopenia type II. Heparin-induced thrombocytopenia type II occurs, with a greater or lesser degree of clinical relevance, in 0.5 to 10% of all cases treated with heparin. It is an iatrogenic secondary disease with a serious thrombogenic tendency.

In this context, patients develop an antibody to the heparin-neutralising principle, platelet factor 4, in complex with heparin. This antibody only recognises the complexed platelet-factor-4-heparin structure. The antibody is not reactive or cross-reactive with heparin alone or with platelet factor 4 alone. Conversely, all heparin analogues which can form complexes with platelet factor 4 show a cross reaction. These substances also include, alongside the fractionated heparins, polysulfated drugs of the Orgaran type or also sulfated polysugar structures which can be obtained from plant sources. The course of this immune disease is initially without symptoms in haemodialysis patients for some time, because the activated blood platelets form large-molecule aggregates with the antibody, the heparin injected into the blood and platelet factor 4, and these aggregates are held back in the capillary dialysers. At the end of the dialysis treatment, the patient is not yet heparin free, and the above-mentioned complex formation may also continue between dialysis sessions. This leads to more or less recognisable or pathogenic changes in the microcirculation of organs or vascular regions and is presumably the essential cause for haemodialysis patients

becoming ill or dying from cardiovascular diseases or other organ failures during the course of renal replacement therapy much more frequently than other patients.

5

Without appropriate treatment, mortality after the occurrence of the first clinical symptoms is approximately 30%. This side effect demands a strict avoidance of further applications of heparin. So far, the only substitute anticoagulant agent used has been Orgaran, a mixed product containing dermatan sulfate, heparan sulfate and 5 to 10% heparin. Very many patients show primary cross-reactivity with this drug or exhibit allergic reactions after prolonged treatment with the substance.

10

The same cross reaction is also found with low-molecular-weight heparins. Since May 1997, patients without restricted renal function have been successfully treated with the new, direct antithrombin hirudin.

15

There has been no shortage of experiments preparing the way for the use of hirudin for the indication of renal replacement therapy. However, since hirudin is eliminated exclusively in unchanged form via the kidneys, the dosage of hirudin must accordingly be adjusted with great caution in the case of patients with kidney disease. The lack of drug monitoring (which was introduced in clinical practice only during the last 1 to 2 years) has meant that hirudin has remained practically irrelevant for the indication of haemodialysis. Repeated application became possible only after the introduction of continuous monitoring of blood levels before and after dialysis to determine the minimum effective hirudin blood level (Ecarin Clotting Time, US patent no. 5 547 850 dated 20.08.1996, PCT/EP93/00161). Initial experience has been gathered with final hirudin

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25

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anticoagulation in patients with dialysis-related HIT II  
(Nowak, G., Bucha, E., Brauns, I., Czerwinski, R.:  
Anticoagulation with r-Hirudin in Regular Haemodialysis  
with Heparin-Induced Thrombocytopenia (HIT II), (Wien.  
5 Klin. Wochenschr. 109, No. 10, 1997), similarly in the  
case of clinical studies after a single or repeated  
application of r-Hirudin.

In pre-clinical and initial clinical investigations,  
10 rHirudin could be used for haemodialysis only when low-  
flux polysulfone or low-flux cellulose dialysers were used  
because rHirudin does not pass through these dialysis  
membranes. All other low-flux dialyser materials and also  
all high-flux materials are passed relatively quickly by  
15 rHirudin so that universal use as an anti-coagulant in  
day-to-day haemodialysis practice is rendered more  
difficult, because under these conditions, a routine  
blood-level-controlled dosage adjustment is not possible  
(cf. Bucha, E., Kreml, R., Nowak, G.: In Vitro Study of  
20 Transmembrane Hirudin Passage Using Different Types of  
Dialyzers, Poster, 23 Congress of the European Renal  
Association, Amsterdam 1996; Buchs, E., Nowak, G., Butti,  
A.: Clinical Studies of Blood-Level Controlled Repeated  
Application of rHirudin in Haemodialysis Patients, Thromb.  
25 Haemost., Supplement June 1997; and Nowak, G., Bucha, E.:  
Quantitative Determination of Hirudin in Blood and Body  
Fluids, Sem. Throm Haemost. 22, no. 2, 1996).

The use of hirudin in special high-flux dialysers, which  
30 are used with intensive-therapy patients, is also rendered  
particularly difficult because these so-called  
haemofiltration or haemodiafiltration systems have  
extremely large pores through which toxins and peptides up  
to a molecular mass of 45 kDa can penetrate. rHirudin

passes these membranes as readily as the conventional high-flux membranes and can be determined on the dialysate side within a short time. When using rHirudin, extremely large quantities would have to be infused into patients.

5 This hirudin therapy is difficult and expensive to control, so that routine use for this indication is not possible.

There is therefore a need for an anticoagulant which can

10 be used for coagulation inhibition during extracorporeal renal replacement therapy (haemodialysis) independently of the haemodialysers or haemofilters in use and which is well tolerated and, especially, which neither induces autoimmune diseases nor provides cross reactivity with

15 antibodies formed during an existing immune reaction. In the case of the use according to the invention, it is particularly important that no thrombocytopenia Type II is caused and no cross reactivity exists with antibodies to platelet-factor-4-heparin complex. It should be possible

20 to implement the coagulation inhibition simply, cost-favourably and under readily measurable conditions. Moreover, the anticoagulant should not be able to pass through the membranes of haemodialysers or haemofilters.

25 Surprisingly, it was found that, by contrast with rHirudin, increased-molecular-weight hirudin does not pass through capillary dialysers of the low and high flux type; it is well tolerated by patients, causes no autoimmune diseases, especially not thrombocytopenia and does not

30 cross react with corresponding antibodies. Increased-molecular-weight hirudin is therefore very well suited as an anticoagulant for haemodialysis.



The invention therefore relates to the use of increased-molecular-weight hirudin selected from polyethylene-glycol-coupled hirudin, polysugar-coupled hirudin, fatty-acid-coupled hirudin, dextran hirudin, albumin hirudin,  $\gamma$ -globulin hirudin and transferrin hirudin for the manufacture of an anticoagulant for extracorporeal renal replacement therapy which does not induce an autoimmune disease. In particular, the invention relates to the use of increased-molecular-weight hirudin as defined above for the manufacture of an anticoagulant for extracorporeal renal replacement therapy which does not induce thrombocytopenia and which does not cross react with autoimmune antibodies.

The increased-molecular-weight hirudin is selected from polyethylene-glycol-coupled hirudin, protein-coupled hirudin, DNA-RNA-coupled hirudin, polysugar-coupled hirudin, e.g. dextran hirudin, albumin hirudin,  $\gamma$ -globulin hirudin, transferrin hirudin, fatty-acid-coupled hirudin, (e.g. palmitoyl hirudin, farnesyl hirudin). By preference, polyethylene-glycol-coupled hirudin is used.

The molecular weight of the hirudin is generally increased with substances such that the resulting increased-molecular-weight hirudins show no tendency to bind to proteins, blood platelets and other blood constituents. The increase in molecular weight is selected by the person skilled in the art in dependence upon the condition to be treated and the mode of administration. In general, it is within the range between 500 and 500,000 Da, preferably 1,000 to 250,000 Da, by greater preference 3,000 to 150,000 Da and by even greater preference 5,000 to 25,000 Da. The increased-molecular-weight hirudins are manufactured in a per se familiar manner using

conventional formulation additives in accordance with the relevant mode of administration.

5 The hirudin blood level required for haemodialysis should preferably be adjusted between 0.4 and 1.0 µg/ml plasma. Within this blood-level range, activation of the coagulation system on the polymer surfaces of the dialysis modules used in this context is efficiently inhibited. However, the hirudin blood level to be adjusted depends on  
10 the physiological condition of the patient to be treated and will be adjusted by a physician in dependence upon patient-typical factors.

When using increased-molecular-weight hirudin, the blood  
15 level should preferably be achieved by means of intravenous bolus injection of e.g. 0.01 to 0.1 mg/kg polyethylene-glycol hirudin (for discontinuous extracorporeal renal replacement therapy). For use in the field of intensive therapy for  
20 haemofiltration/haemodiafiltration, the application of PEG-hirudin is also possible via extravasal application, such as intramuscular, intraperitoneal, pulmonary or subcutaneous routes. In this context, the application of e.g. polyethylene-glycol hirudin should be given  
25 subcutaneously at least two hours before the start of haemofiltration, in a dose of 0.2 to 1.5 mg/kg, preferably 0.5 to 0.7 mg/kg. Further subcutaneous injections would be required only after 48 hours in each case (0.1 to 0.5 mg/kg, preferably 0.2 to 0.3 mg/kg PEG-hirudin). These  
30 dosage amounts are calculated with reference to the active hirudin, independently of the inert substance used for increasing the molecular-weight. In the case of protein-coupled hirudins (e.g. transferrin, albumin or other autogenous, blood proteins) and PEG hirudins with a

molecular weight >50 kDa, the following dosage scheme has proved successful: initial dose of hirudin: 0.05 mg/kg as a bolus; for each further injection 0.01 mg/kg as a bolus directly before the start of the dialysis. In the case of continuous procedures (haemodialysis or haemofiltration) the initial application of 0.05 mg/kg, with 0.01 mg/kg after 48 hours as a follow-up injection in each case every second day during the changing of the haemofilter as a single intravasal application is sufficient. Because of the size of the molecules, parenteral injection procedures (s.c., i.m.) are not suitable for this special group of increased-molecular-weight hirudins. All increased-molecular-weight hirudins from 500 Da to 500 kDa can be applied directly into the patient's blood stream (i.v. or i.m.). Up to a molecular size of approximately 50 kDa, the application may also be extravasal or parenteral, i.e. intramuscular, subcutaneous, intracutaneous or intrapulmonary. This is not possible above the latter threshold molecule size, because these substances with a large molecular size cannot be absorbed from the extravasal injection depots into the interior of the blood vessels. Molecules of this size cannot pass through intercellular spaces. If very large molecules are consciously used as hirudin carriers, especially proteins of nucleic-acid macromolecules and other appropriate molecules larger than 50 kDa, it can be assumed that these molecules will not leave the vascular circulation, i.e. they will be distributed only within the blood (stream). The ratio between the blood (stream) and the extracellular fluid cavity, which represent the two distribution parameters for molecules smaller than 50 kDa, is approximately 1:5, i.e. with the very large hirudin molecules, a significantly smaller quantity needs to be applied.

intravenously or intrarterially if the development of an excessively high blood level is to be avoided.

The exact dosage depends on the increased-molecular-weight  
5 hirudin used, the patient's condition, the mode of  
administration and the duration of treatment, and this is  
determined individually by the treating physician. The  
frequency of administration is also specified by the  
physician. The therapeutic blood level can be monitored  
10 without difficulty using the Ecarin Clotting Time for  
therapeutic drug monitoring (Method of Determining  
Hirudin, US-Patent no. 5 547 850, PCT/EP93/00161).

Overdosage of the PEG-hirudin substance is precluded if  
the pharmacokinetic data for PEG-hirudin are taken into  
15 consideration (Esslinger, H.U. et al.: Pharmacodynamic and  
Safety Results of PEG-Hirudin in Healthy Volunteers,  
Thromb. Haemost. 77 (5), 1997). Should an iatrogenic  
overdose occur, the use of a polymethyl methacrylate  
dialyser can lower the level of PEG-hirudin very quickly  
20 into the therapeutic range (PMMA membranes with  
polyethylene-glycol-coupled active substances, DPA 197 15  
504.9 of 14.04.1997). This therefore makes an "antidote"  
available for PEG-hirudin anticoagulation in cases of  
renal replacement procedures, because PMMA-dialysers are  
25 produced commercially by Toray, Japan.

The increased-molecular-weight hirudins according to the  
invention are formulated in a per se familiar manner  
depending on the mode of administration. Conventional  
30 formulation additives, excipients and corrective agents  
are used. By preference, substances which improve the  
solubility and stability of dry preparations are used,  
such as, sugar compounds (mannitol, dextran), inert  
proteins (albumin) or collagens (Prionex). Moreover, to

improve storage, salts, primarily buffer salts, such as e.g. bicarbonates or hydrogen phosphates and other salt compounds conventional in the field of formulating buffer systems, may be added. By preference, ampoules are  
5 manufactured, which provide ready-to-use injection solutions taking into consideration the weight-related dosage, e.g. 1, 2 or 5 mg ampoules. It is expedient to add these substances, added in order to improve the solution or as formulation additives, in a molecular ratio of 1:1.  
10 Additions in the range between one fifth and 1:1 relative to the molecular weight of the increased-molecular-weight hirudin substances have also proved favourable. The solution should be formulated in such a manner that the ready-to-use increased-molecular-weight hirudin comprises  
15 a concentration which is isotonic to the blood. During formulation, it is important to ensure that buffer salts or saline are added within the range of optimum blood isotonicity in order to guarantee the safety of the preparations when applied into the blood stream. The  
20 increased-molecular-weight hirudin can also be provided in freeze-dried form in air-tight ampoules or injection vials, which can then be diluted to the required concentration, for instance, with physiological saline solution of pharmaceutical quality.

25

The use according to the invention is suitable for all commercially available haemodialysers.

The invention will be explained in greater detail below  
30 with reference to the following examples:

Example 1

Scheme for application of PEG-hirudin (10-kDa-PEG-hirudin) for anticoagulation with discontinuous  
5 haemodialysis procedures using all high-flux or low-flux dialysers (with the exception of PMMA dialysers)

- 10 - For the first haemodialysis, a bolus injection of 0.08 mg/kg 10-kDa-PEG-hirudin is administered intravenously directly before haemodialysis treatment.
- 15 - For subsequent haemodialysis treatments an i.v. bolus injection of 0.06 mg/kg 10-kDa-PEG-hirudin is administered.
- 20 - Monitoring of the PEG-hirudin level with reference to the Ecarin Clotting Time at the end of the haemodialysis treatment. The therapeutic blood-level range is 0.5 to 0.8 µg/ml.

Example 2

25 Scheme for i.v. application of PEG-hirudin (10-kDa-PEG-hirudin) with continuous dialysis procedures (CVVHD, CAVHD).

- 30 - Directly before the start of the continuous haemodialysis, 0.1 mg/kg 10-kDa-PEG-hirudin is administered i.v. at a position preceding the dialyser used.

- After 24 and/or 48 hours, the PEG-hirudin blood levels are monitored with reference to the Ecarin Clotting Time.
- 5      - After 24 hours, an optimum blood-level range of 0.8 to 0.5 µg/ml is obtained; after 48 hours, an optimum blood-level range of 0.4 to 0.6 µg/ml is obtained.
- 10     - After the change of dialyser, a follow-up application of 0.02 mg/kg 10-kDa-PEG-hirudin is administered.

### Example 3

15

Scheme for s.c. application of PEG-hirudin (10-kDa-PEG-hirudin) with continuous dialysis procedures

(a) In patients with renal function still present:

20

- 2 hours before the start of the haemodialysis procedure, a subcutaneous application of 0.25 to 1.0 mg/kg, preferably 0.6 mg/kg PEG-hirudin is administered.

25

- The blood level is monitored 24 hours and 48 hours after the start of the treatment.

30

- Every 2 to 4 hours, a follow-up injection of 0.1 to 1 mg/kg, preferably 0.3 mg/kg PEG-hirudin is administered.

(b) In patients with renal function absent:

- At the start of the treatment, a s.c. application of 0.2 to 1.0 mg/kg, preferably 0.4 mg/kg.
- The blood level is monitored p.i. 24 hours and 48 hours after the start of the treatment.
- Every 4 days, a follow-up injection of 0.01 to 0.25 mg/kg, preferably 0.1 mg/kg PEG-hirudin is administered.

#### Example 4

Application of PEG-hirudin in status post chronic glomerulonephritis.

Patient: W.B., 58 years, male. Status post chronic glomerulonephritis, dialysis-dependent for 4.7 years. Patient was anticoagulated with 6900 IU heparin. During haemodialysis, the patient indicated increasing symptoms in the form of circulatory disturbances in the extremities, sensations of cold, tingling sensations, paraesthesias, which frequently did not arise until several hours after the dialysis treatment or in the night and early hours of the morning. The patient complained during dialysis and also in the dialysis-free intervals of problems relating to blood pressure and in some cases mild states of confusion. A positive result had been obtained in the HIT II-specific diagnosis (HIPA-test). The average number of blood platelets before and after haemodialysis was between 350 and 400/nl.

The patient was transferred to PEG-hirudin according to the following dosage scheme: first haemodialysis: 0.1 mg/kg as a bolus, second to 10<sup>th</sup> haemodialysis:



0.05 mg/kg PEG hirudin, 11<sup>th</sup> haemodialysis and beyond:  
0.025 mg/kg. Trouble-free monitoring was possible during  
the treatment with reference to the Ecarin Clotting Time.  
The blood level of PEG hirudin fluctuated between  
5 0.4 µg/ml before the start of haemodialysis and 1.0 µg/ml  
after dialysis. The filling volumes with the Type GFS plus  
11 dialysers (GAMBRO) were as follows: under heparin  
application - the mean value for the last three heparin-  
anticoagulated dialyses was 87 ml; the filling volume  
10 during PEG-hirudin treatment for HD 5-HD 6 was 96 ml. The  
filling volume specified for this type of dialyser is  
100 ml.

The patient was suffering from an arterial circulatory  
15 disturbance in the extremities. During treatment with  
heparin-anticoagulated haemodialysis, the patient's pain-  
free walking distance was 150 to 200 m; under PEG hirudin  
treatment, this distance was extended, so that during  
monitoring after the tenth haemodialysis, it was more than  
20 700 m. As treatment continued, the patient indicated a  
further improvement in his pain-free walking distance.  
Even 8 weeks after starting the PEG-hirudin treatment  
because of an HIT II, HIT-II-specific antibodies were  
detected in the patients serum.

25 Even after the initial PEG-hirudin dialyses, the patient's  
symptoms of paraesthesia and nocturnal pain attacks were  
reduced. After the 7<sup>th</sup> PEG-hirudin haemodialysis, the  
patient confirmed that he was free from pain during  
30 haemodialysis and in the dialysis-free intervals.

Evaluation: PEG-hirudin is suitable as an anticoagulant  
for haemodialysis in HIT II-positive patients. The  
symptoms of chronic microcirculatory disturbance with a

permanent HIT II reaction during heparin treatment of the patient in the context of haemodialysis did not occur under PEG-hirudin. The short, pain-free walking distance occurring on the basis of an intermittent claudication was considerably extended, and the circulatory dysregulation and considerably reduced filling volume of the dialysers was no longer present.

#### Example 5

10

Application of PEG-hirudin in a case of diabetic nephropathy.

Patient: G.W., male, 57 years old, 54 kg. The patient has been haemodialysed for 2.4 years because of a diabetic nephropathy. The patient had a residual urine volume of 1.2 to 1.7 l. Creatinine clearance was less than 12 ml/min. The anticoagulant used during haemodialysis was un-fractionated heparin. Additionally, the dialysers (H120, Braun-Melsungen) were "primed" before the start of haemodialysis with 500 units of heparin. The patient received 3000 units of heparin as a bolus and 3000 units of heparin as an infusion during the 3.5 hour haemodialysis. At the start of the haemodialysis, the patient showed a disproportionately large fall in blood pressure by 35 mmHg from the starting value (135/85 mmHg). The patient complained of tingling in the extremities, a feeling of restlessness and intermittent state of confusion. Between the dialysis sessions, the patient complained of headaches, malaise and loss of appetite. He stated that the people around him complained that he was irritable and seemed under stress. Tests for HIT-positive antibodies in this patient were strongly positive. Both

the HIPA and the ELISA tested positive in all experimental series investigated.

Following this, the patient was transferred to PEG-  
5 hirudin. He received 0.1 mg/kg PEG hirudin as the first  
dose. In subsequent haemodialyses, he was treated with  
0.06 mg/kg up to the fifth haemodialysis and with 0.03  
mg/kg from the sixth treatment onwards. The filling  
10 volumes at the end of haemodialysis had been reduced under  
heparin treatment; the last two haemodialyses under  
heparin showed filling volumes of 71 and 73 ml. Even after  
the 4<sup>th</sup> haemodialysis with PEG-hirudin, a filling volume of  
94 ml was achieved. The air traps and blood-carrying  
tubing systems were free from additional coagulated  
15 material.

The patient's subjective condition had improved; the  
psycho-organic syndrome and the patient's other recorded  
symptoms such as headaches, nausea and loss of appetite  
20 were no longer present. The patient still showed a slight  
fall in blood pressure at the start of the haemodialysis,  
but this was within the normal range. The objective and  
subjective findings which point towards an HIT II  
condition were no longer evident after the changeover to  
25 anticoagulation with PEG-hirudin. The blood platelet  
counts, which had constantly shown values above 400/nl  
during the last dialyses under heparin, fell during the  
PEG-hirudin haemodialysis to the range from 320 to 350/nl;  
a trend towards continued normalisation was clearly  
30 demonstrable. The post dialysis values for leukocytes were  
almost unchanged.

Example 6

Application of PEG-hirudin in a case of acute renal failure.

Patient: L.A., female, 69 years, status post acute renal  
5 failure after chronic pyelonephritis and interstitial  
nephritis. This patient had been dialysed for 5 months  
initially with un-fractionated heparin, then with  
fractionated heparin (Enoxaparin). Enoxaparin was applied  
10 in a dose of 20 mg directly before the start of the  
dialysis. After an incorrect dialysis (rise in pressure  
before the dialyser) over the dialysis period of 4.5 h, an  
additional 10 mg Enoxaparin were applied via an indwelling  
infusion pump placed before the dialyser (F 50 S,  
Fresenius). The patient indicated severe shortness of  
15 breath, a decline in circulation and blood pressure to  
base values of 80/30 mmHg shortly after the start of  
haemodialysis. During the haemodialysis, the patient also  
showed a massive reduction in blood platelets down to  
values of 100/nl. Tests for HIT II antibodies using the  
20 HIPA test and platelet-factor-4 ELISA were positive.

The patient was then transferred to PEG-hirudin. Residual  
urine volume: 400 to 600 ml/24 h, initial PEG-hirudin  
dose: 0.1 mg/kg, second to 10<sup>th</sup> haemodialysis: 0.05 mg/kg  
25 PEG-hirudin, 11<sup>th</sup> and further haemodialysis: 0.02 mg/kg.  
From the start of the application of PEG-hirudin, the  
patient's circulatory changes and severe pulmonary  
insufficiency reaction no longer occurred; the  
concentration of blood platelets did not decline during  
30 haemodialysis. The reduced platelet counts (130  
platelets/nl) caused by the relative thrombocytopenia  
present in this patient rose within the first 6  
haemodialyses with PEG-hirudin to more than 200/nl. The  
itching and skin-reaction syndrome which had been present

for several weeks subsided within a few haemodialyses. The patient was free from symptoms and 6 months after the start of the PEG-hirudin dialysis showed no further HIT II antibodies in her blood. The patient's PEG-hirudin blood level, adjusted by means of the drug-monitoring method, was within the range of 0.5 µg/ml at the end of the haemodialysis and during the dialysis-free intervals of 1 to 2 days fell to a minimum of 0.15 µg/ml.

In summary, it can be confirmed that the base PEG-hirudin blood level demonstrable in all three patients during the dialysis-free intervals is within the range of 0.1 to 0.4 µg/ml; this level is therefore within the sub-therapeutic range and is completely free from side effects. No prolongation of bleeding time was demonstrable in any of the three patients even during dialysis treatment with blood levels two to three times higher. Permanent anticoagulation improves the holding open of the arterio-venous shunts and must be evaluated positively with regard to the overall risk of thrombophilia present in all patients.

The administration of increased-molecular-weight hirudin prevents patients treated in this manner from showing the typical autoimmune reactions. These include a fall in blood pressure, shortness of breath, sweating bouts, skin reactions in some cases, such as urticaria or circumscribed drug-related exanthema which are immediately demonstrable in the patient as an instant reaction to the triggering agent, i.e. heparin. These autoimmune reactions can, at their most severe, lead to life-threatening conditions. Typical of these reactions is a no-longer-measurable blood pressure and extremely severe thrombogenic reactions with obstruction of the capillary

dialyser, to such an extent that efficient dialysis cannot be continued. The dialysers must then be changed (in some cases up to three times during a dialysis session), in order to sustain the corresponding filter functions. By contrast, these side effects no longer occur in patients treated with the increased-molecular-weight hirudin. In this case, consistently stable circulatory conditions are present and patients do not suffer from subjective sensations such as tingling flesh, flash reactions (reddening of the head and neck regions) fall in blood pressure with severe signs of breathlessness and fear of death. The use of increased-molecular-weight hirudin according to the invention is indicated primarily for patients in whom the serious symptoms described above occur as a result of heparin treatment. However, a more frequent sign for a transitory HIT II syndrome in these patients is that the blood platelet counts fall more markedly during dialysis, that corresponding antibodies can be demonstrated in these patients before the start of the dialysis, but that these antibodies are no longer found after haemodialysis because they have been "used up" in the process.